

CBIC Recertification: Everything you need to know about IPU's!

PRESENTED BY:

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- CBIC Board Director
- Care Group Director, Infection Prevention & Control, HealthPartners
- First CIC® Certified: 1999
- LTC-CIP Certified: 2022



Gail Fraine, RN, MMHC, BSN, CIC, LTC-CIP, AL-CIP

- CBIC President-Elect
- System Director of Infection Prevention: Ascension Saint Thomas
- First CIC® Certified: 1991
- LTC-CIP® Certified: 2022
- AL-CIP™ Certified: 2024



What is CBIC?

Certification Board of Infection
Control and Epidemiology, Inc.

Voluntary, autonomous,
multidisciplinary board

MISSION: *Provide pathways to demonstrate and maintain competence in infection prevention and control.*

VISION: *A world free of infections through demonstrated professional competency.*

Organizational structure:



Association for
Professionals in
Infection Control &
Epidemiology

Certification Board
of Infection Control
& Epidemiology

APIC Consulting



CBIC Certifications

Novice

a-IPC™

A measure of basic infection prevention knowledge

Early/Mid-Career

CIC®/LTC-CIP®

Standardized measure of the basic knowledge, skills and abilities expected of professionals working in the field of infection prevention and control

Expert

AL-CIP™

Demonstration of professional expertise in infection prevention and control through portfolio submission. CIC®/LTC-CIP® is a pre-requisite.

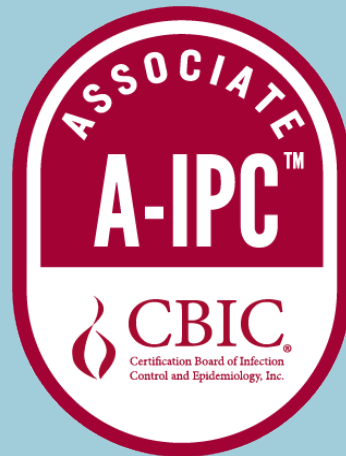
CBIC Recertification Overview

All certifications are valid for five years from the year of successful examination

Recertification takes place every five years

Recertification can be completed via infection prevention units (IPUs) or examination.

Recertification by IPU's



What is an IPU?

- IPU = Infection Prevention Unit (IPU) = continuing education credits
- Can be achieved by*:
 - Presenting at conferences,
 - Authoring publications
 - Attending local or national conferences,
 - Participating in a professional organization in a position of leadership
 - And more! IPU guide available online.

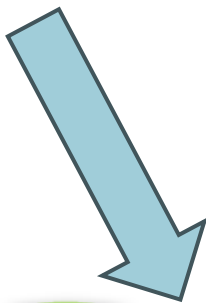
*must be infection prevention related

Recertification by IPU

- Candidates must submit an IPU portfolio demonstrating completion of a minimum of 40 IPUs
- IPUs must be provided by a credible organization and at least 20/40 infection prevention units must be sponsored through an accredited organization or state licensing board.
- Candidates can accumulate IPUs any time after their previous recertification submission date throughout their five-year recertification period
- Candidates may access IPU portfolio once certified and must submit by October 31st of their expiration year.

New! Recertification by IPU's

- To promote continuous learning, effective 2028, candidates must demonstrate that a portion of their IPU's have been attained in different years of the 5-year recertification cycle.
- Certificants who showcase leadership skills via participation in a formal mentorship program through a professional organization related to infection prevention and control may now earn 3 IPU's per year of program participation.
- The CBIC Board ***recommends*** candidates earn at least two IPU's from DEI and Health Equity within healthcare as a part of the minimum required 40 IPU's. DEI and Health Equity should be self-evident in the title or learning objectives.



About Me

My CIC IPUs

My LTC-CIP IPUs

My AIPC IPUs

My Transactions

My Messages

Personal Information

Boyd A. Wilson, CIC

C [REDACTED] n
a [REDACTED]

F [REDACTED]

CBIC ID

[REDACTED]

Join Date


[REDACTED]

Type

Certified



Certifications

 Certificate Type	Expiration
CIC	12/31/2028
LTC-CIP	12/31/2028

Addresses

Business	Home	Alt Business
[REDACTED]		
F [REDACTED] ✓ Preferred Mailing Address		



You are not allowed to recertify until the last year of your current 5 year certification duration. Your certification is effective until 12/31/2028.

My IPUs



▲ Category	Date Completed	IPUs Earned	Title	Domain	Status
Education module (online, paper or live format)	10/5/2023	1.00	AAMI Standard ST108:2023 - Guidance for Water Quality in Sterile Processing	Cleaning; Sterilization; Disinfection; Asepsis	
Education module (online, paper or live format)	8/25/2023	1.00	Recruitment and Retention Strategies for Infection Prevention	Management and Communication	
Education module (online, paper or live format)	2/9/2023	1.00	TIR34 Standards for Water in Sterile Processing Environments	Cleaning; Sterilization; Disinfection; Asepsis	

• **Category**

• **Date Completed** 

• **IPUs Earned**

• **Title**

Description

• **Domain**

- Check all
- Cleaning; Sterilization; Disinfection; Asepsis
- Education and Research
- Employee/Occupational Health

• **Provider**

• **Accreditor**

• **Verification upload**

No file chosen

• Category

National conference

• Date Completed

6/21/2024

• IPUs Earned

15

• Title

APIC National Conference 2024

Description

Annual conference + on-demand sessions

• Domain

- Check all
- Cleaning; Sterilization; Disinfection; Asepsis
- Education and Research
- Employee/Occupational Health

• Provider

APIC

• Accreditor

American Nurses Credentialing Center (ANCC)

• Verification upload

[View file](#) [Replace file](#)

100%

Save & Close Cancel

CIC® & a-IPC™ Domains (6/8 required)

1. Identification of Infectious Disease Processes
2. Surveillance and Epidemiologic Investigation
3. Preventing/Controlling the Transmission of Infectious Agents
4. Employee/Occupational Health
5. Management and Communication
6. Education and Research
7. Environment of Care
8. Cleaning, Sterilization, Disinfection, Asepsis

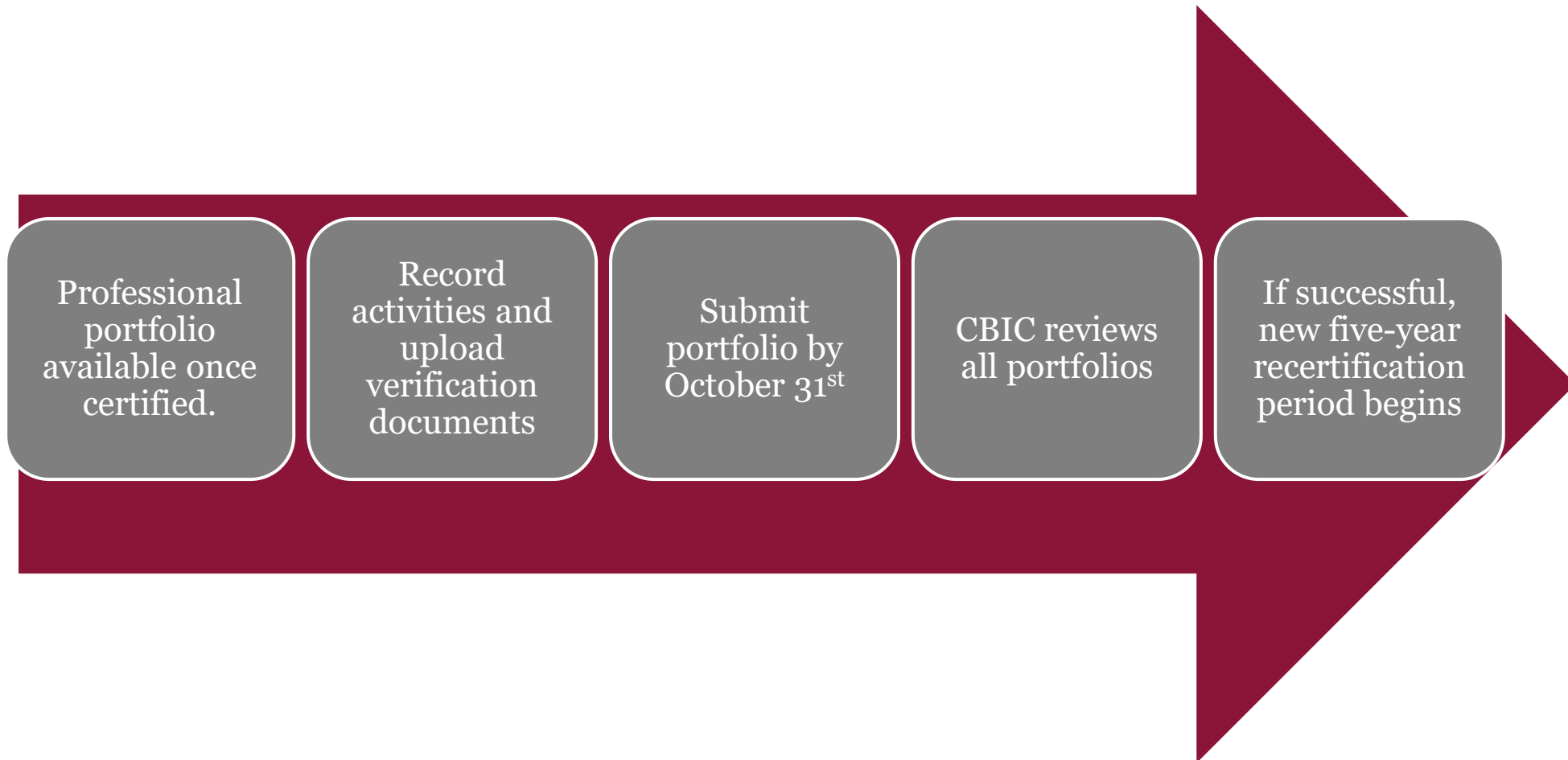
LTC-CIP® Domains (7/9 required)

1. Long-Term Care Settings
2. Management and Communication of the Infection Prevention Program
3. Identification of Infectious Diseases
4. Surveillance and Epidemiologic Investigation
5. Prevention and Control of Infectious and Communicable Diseases
6. Environment of Care
7. Cleaning, Disinfection, Sterilization of Medical Devices and Equipment
8. Antimicrobial Stewardship
9. Employee/Occupational Health

Category	Description of Activity	Number of Infection Prevention Units (IPUs)	Maximum Number of IPUs	Examples of Participating Providers	Required Documentation
Online, print, or live format education	Complete offerings from an accredited or approved source that provide continuing education credits specific to the domains that are at minimum one hour in length	1 IPU per activity hour (no partial credit)	No max	APIC, CDC, CSTE, SHEA, IDSA, IPAC Canada, Public Health Ontario	Certificate of completion/attendance
	Read scientific publications from an accredited or approved source that provides continuing education credits upon completion of an assessment	1 IPU per activity hour	5 IPUs max	CDC, AORN	
Local, National or International conferences and workshops	Attendance at local, national or international infection prevention and control conferences or workshops	5 IPUs per single-day conference or workshop OR 10 IPUs per multi-day conference or workshop	No max	Local APIC chapters, Local IPAC Canada Chapters, APIC, IPAC Canada, IDSA, IFIC	Certificate of attendance
	Other related conferences with infection prevention sessions that are not specifically infection prevention and control centric	1 IPU per session hour	No max	AORN, AAMI, ANCC, ASM, SGNA	
Academic education	Completion of an accredited program that offers specific education that would advance the profession of infection prevention and control	10 IPUs per program completion	10 IPUs max	Certificate program in statistics or project management, MPH, MSN,	Copy of official or unofficial transcripts with institution name visible OR Copy of diploma, with institution name visible
Publications	Published in a peer reviewed journal covering topics specific to infection prevention and control. <i>Letters to the editor not accepted.</i>	5 IPUs per publication	No max	AJIC, CJIC, ICHE, ASM	Copy of article, guidelines, prevention guide, or other publication, ensuring your participation as author or co-author, title of written work, date of publication, and a subject synopsis is visible
	Authoring/co-Authoring evidence-based guidelines, prevention guides, or similar publication related to the field of infection prevention and control.	5 IPUs per publication	No max	CDC, IHI, professional organization, APIC prevention guide	

Presentation	Speaking at chapter, state, regional, national, and international conferences. Delivering a webinar with a primary focus on infection prevention and control.	2 IPU per one hour of presentation time (no partial credit)	No max	APIC chapter, IPAC chapter, State HAI conference, IPAC Canada, APIC, SHEA, IFIC	Letter or verification from conference organizer on official organization letterhead Contains your name, the name of the webinar or presentation, the date of the webinar or presentation, and a synopsis of webinar or presentation focus OR Copy of brochure/flyer/conference schedule indicating name of presenter, date/time presented and presentation
	Presenting a poster at a national or international conference on a topic related to infection prevention and control	1 IPU per poster presentation	No max	APIC, IPAC Canada, SHEA, IFIC, and IDSA	
	Primary author of an abstract presentation at a national or international conference	1 IPU per abstract	No max	APIC, IPAC Canada, SHEA, IFIC, and IDSA	
Participation in a professional organization	Participate on a local, state, national, or international level as a committee member or in a position of voluntary leadership within the healthcare industry.	3 IPU per year	No max	County, state, national, or international health Committees, APIC/SHEA /IPAC/IFIC committee or board member	Appointment letter on letterhead of organization or Board (separate letter for each role held) Contains your name, your role held, the dates of term, and the signature from committee chair or organization leader/chapter President
	Elected position on a Board	3 IPU per year	No max	APIC, SHEA, IDSA, IFIC, IPAC Canada	
Participation in a mentorship program	Showcase leadership skills via participation in a formal mentorship program through a professional organization related to infection prevention and control	3 IPU per year of program participation	No max	APIC, IPAC Canada, IDSA, SHEA, university sponsored programs	Certificate of Participation from the organization OR Verification letter on letterhead from the professional organization containing your name, the dates of participation, and the signature from the organization's program leader
Teaching	Teaching specific topics related to infection prevention and control for an accredited institution	1 IPU per hour of instruction	Max of 5 IPU per recertification period	Nursing school, public health program, etc.	Copy of course or class syllabus outlining infection prevention teaching AND Verification letter (separate letter for each course or class) Contains your name, the dates of course, the number of hours of instruction, the name of accredited institution, and the Signature from institution contact (e.g. chancellor, professor, academic dean, President, etc.)
Research	Involved in an approved local facility IRB, State, or federally funded research activity that is specific to advancing the profession of infection prevention and control (e.g. listed as a principal member of the investigational team)	5 IPU per research activity	No max	Active participation in a study sponsored by APIC	A report ensuring your participation in the research and a subject synopsis is visible OR Verification letter Contains your name, the dates of participation, your role in the research (e.g., writer, investigator, etc.), and the source of funding

Recertification by IPU's Timeline



Recertification by IPU: Helpful Hints

- Submit your IPUs as you earn them!
- Avoid late fees! Don't wait until the last minute to submit a portfolio. A 25% late fee is in place between November 1-November 30.
- Reach out to staff or your other IP colleagues with questions.
- Once your credits have been approved, you will receive a new 5-year certification and can begin submitting IPUs for your next portfolio, due in five years.

IPUs and Chapter Activities

Does my Chapter activity count towards IPUs?

- Subject matter related to infection prevention and control, and falls within at least one domain
- Able to verify chapter member attendance or participation by providing required documentation



YES!

Potential Accredited Providers



Example verification form

Official organization letterhead

• Certificate of Completion •

IPAC Canada Education Webinar

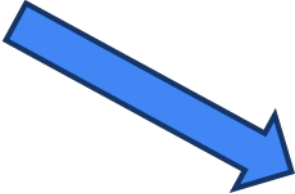
28 April 2021

Dialysis
- CIC Exam Study Group (IPAC Ottawa Region)

Presenter
Colleen Weir

TOH

Eligible for 2 IPU's per hour by the Certification Board of Infection Control.



Accreditation Information



Activity Category: Education module (online, paper, or live format) | IPU's earned: 2

IPU Conversion Chart

	Duration of participation/ instruction	CEUs	CMEs	CNEs	IPUs
Applicable Activities: <ul style="list-style-type: none">• Online, paper, or live format education• Attendance at national conference IP-related sessions• Teaching	60 minutes of instruction or 1 "contact hour"	0.1	1	1	1

IPU application fee:

Certification	High-Income Countries	Upper-Middle Income Countries	Lower/Middle Income Countries	Low-Income Countries
a-IPC	\$325	\$245	\$165	\$90
CIC/LTC-CIP	\$430	\$320	\$215	\$110



Questions to
our experts:





What if I hold
both the CIC[®] and
LTC-CIP[®] - how
many IPU's do I
need?





My a-IPC™
expires between
2025-2029. How
many IPU's do I
need?



a-IPC™ Expiration Date & Number of IPUs required

12/31/2025 – 5 IPUs

12/31/2026 – 12 IPUs

12/31/2027 – 20 IPUs

12/31/2028 – 27 IPUs

12/31/2029 – 35 IPUs

a-IPC™ Expiration Date & Number of IPUs required

- Certificants due to recertify in 2025 will not be required to meet a domain requirement but are encouraged to meet as many of the 6 domains as they can.
- Certificants due to recertify between the years of 2026-2029 will be granted a prorated required minimum domain amount since they were not given the full five-year term to earn their IPUs.
- The prorated IPU requirement for those with a certification expiration date between 2026-2029, will be to meet at minimum 4 out of 8 of the domains across their selected IPU activities.



My CIC expires
12/31/2025 but I
am considering
the AL-CIP. What
should I do?





Can you give examples of free/low-cost ways to earn IPUUs?





I mentor IPs –
can I receive
IPUs for this?





I am attending
APIC National
–how many
IPUs do I earn?





I earned 40
CNEs/4 CEUs for
one activity – is
my portfolio
complete?





What happens if
there are errors
in my portfolio?





Thank you!

IPUs Resources

- ▶▶▶ IPU's FAQ page: <https://www.cbic.org/CBIC/Certification-FAQs/Recertification.htm#RecertificationIPU>
- ▶▶▶ IPU's downloadable Criteria Chart: https://www.cbic.org/CBIC/PDFs/2024-IPU-Criteria-Chart_V5.pdf
- ▶▶▶ IPU's Portfolio Manual: https://www.cbic.org/CBIC/PDFs/2025-Recertification-by-Continuing-Education-for-CBIC-Examinations_1.2.2025.pdf