# CBIC Certification Overview



Presented by:

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- CBIC Executive Director
- Master of Business Administration
- Master of Science in Human Resources
- Project Management Certified
- •10+ years experience in healthcare certification and licensure

Jessica Dangles, MBA, MS, PMP, CAE



### What is CBIC?

Certification Board of Infection Control and Epidemiology, Inc. Voluntary, autonomous, multidisciplinary board

Mission: Provide pathways to demonstrate and maintain competence in infection prevention and control.

Vision: A world free of infections through demonstrated professional competency.





Association for Professionals in Infection Control & Epidemiology

Certification Board of Infection Control & Epidemiology



**APIC Consulting** 







### **CBIC Examinations**

Certification in Infection Control (CIC®)
 Examination





#### **CBIC Examinations**

- Associate-Infection Prevention and Control (a-IPC™) Examination
- Long Term Care Certification in Infection Prevention (LTC-CIP)







### Certificate versus Certification

A certificate is awarded following the completion of a course or series of courses that provides education and training around an intended learning outcome.

A *certification* is awarded following successful completion of a **comprehensive** examination process and provides an independent assessment of the knowledge, skills, and/or competencies required for competent performance of an occupation or professional role.



### The Value of the CIC®

"CIC supports higher salary compensation, increases job satisfaction through a structured career development framework, improves patient outcomes, advances evidence-based infection prevention practices, and is valued by the public and within the health care industry."

American Journal of Infection Control 47 (2019) 1265-1269



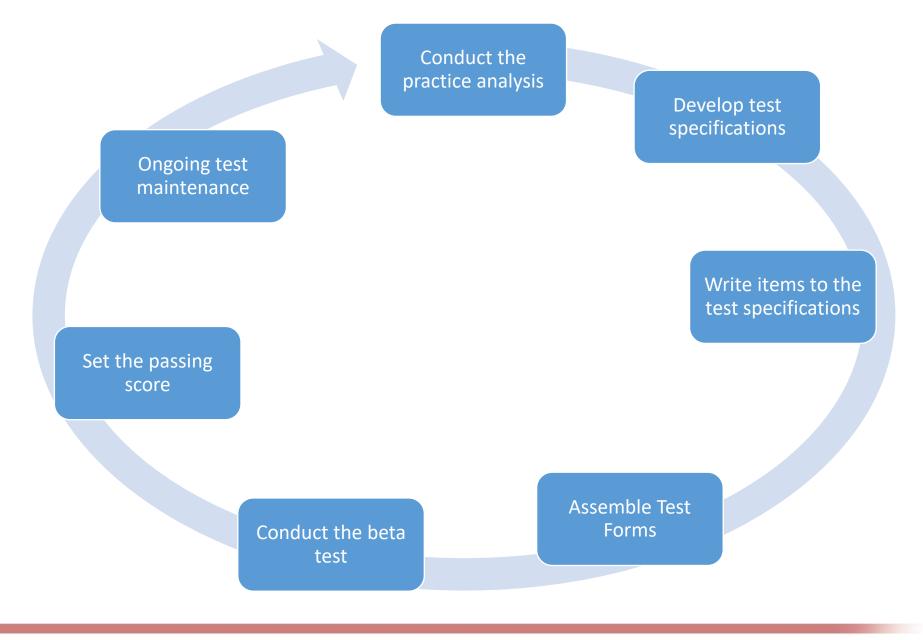
# Impact of Certification

- •CIC IPs may have a stronger understanding than other practitioners of the evidence for certain IPAC practices
- •CIC IPs are more likely to recommend implementing them in the hospitals where they work
  - and especially when the lead IP is certified.
- •Hospitals hiring certified infection preventionists were more likely to implement certain infection prevention practices

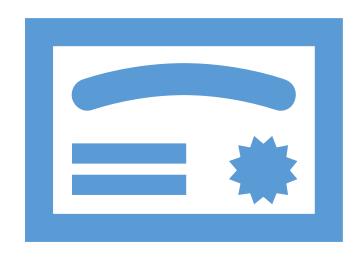
Hsu, Yea-Jen et al. Impact of certified infection preventionists in acute care settings: A systematic review. American Journal of Infection Control Published online: June 25, 2022











# How to prepare for IPC certification- Step 1

Review the eligibility guidelines and understand the differences between certifications. These guidelines are designed to set candidates up for success on exam day.

# CIC® Eligibility Guidelines

- 1. Completed post-secondary education in a health-related field including but not limited to medicine, nursing, laboratory technology, or public health. Post-secondary includes public or private universities, colleges, community colleges, etc.
- 2. Direct responsibility for the infection prevention program activities in a healthcare setting



# CIC® Eligibility Guidelines

#### 3. Work experience:

- At least one-year full-time employment OR
- Two (2) years part-time employment OR
- Completed 3,000 hours of infection prevention work experience earned during the previous three (3) years





No job-specific or education requirements to apply

a-IPC™ Eligibility Guidelines



Perfect stepping-stone to prove a candidate's foundational knowledge, interest, and dedication to the field.



### a-IPC™ Examination

- •Entry-level certification examination is a measure of basic infection prevention knowledge.
- •Intended for those interested in gaining expertise or pursuing careers in infection prevention and control.
- •Successful certificants have a credential that demonstrates their level of interest and dedication to the field

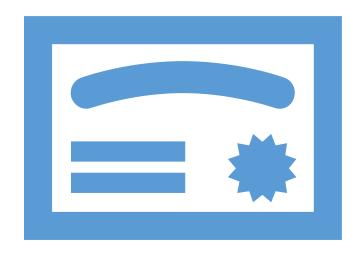


# LTC-CIP Eligibility Guidelines

- Responsibility for the infection prevention and control programs/activities in a long-term care setting.
- Completed post-secondary education in a health-related field including but not limited to medicine, nursing, laboratory technology, public health, or biology. Post-secondary includes public or private universities, colleges, community colleges etc.

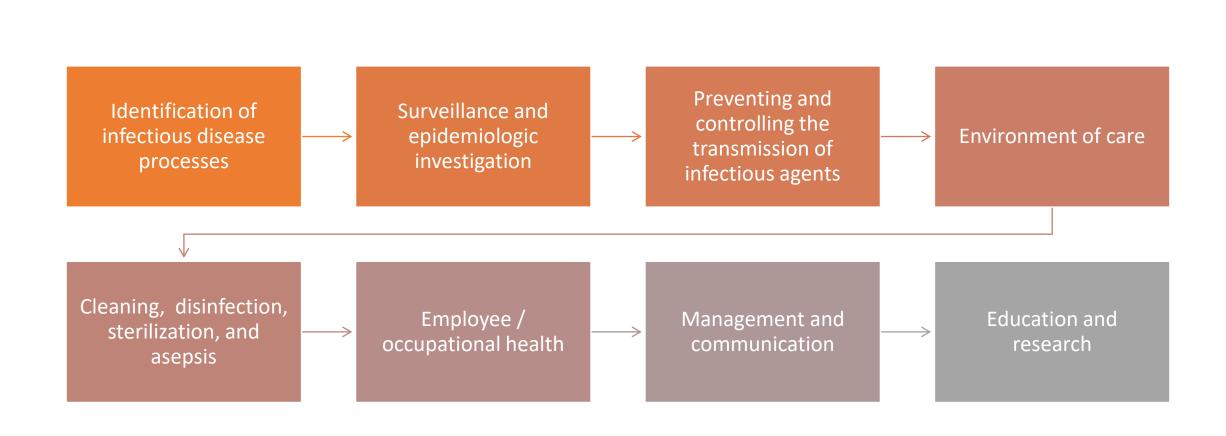


# How to prepare for certification- Step 2



Review the examination content outline.

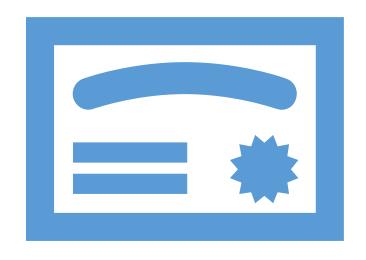
#### CIC® & a-IPC Content Outline



#### LTC-CIP content outline



# How to prepare for certification- Step 3



Develop a study plan and a timeline – work backwards from when you would like to take the exam.

# Helpful hints:

- Take a practice test. Use the results to determine where you should focus your studying.
- Review questions you answered incorrectly and **learn** from those questions.
- Review the <u>primary and secondary resources</u> used to develop the examination.
- Develop a study plan and dedicate time each day to reviewing content.
- Keep flashcards with you to study on-the-go.

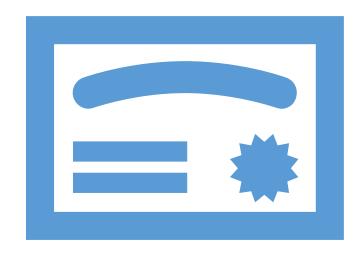


# Helpful hints:

- •Join a study group! Learning with others can help with motivation. Celebrate your successes and help each other throughout the process.
- Follow the timing & break structure that is used on exam day
- Don't memorize understand the content!



# How to prepare for certification- Step 4



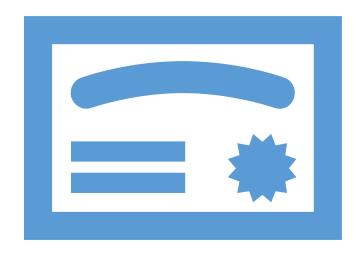
Review the CBIC Candidate Handbook

#### CBIC Candidate Handbook

- Candidates are responsible for reviewing the polices and information contained in the Candidate Handbook prior to applying for and becoming certified.
- Once a candidate has been approved to test, they are given a 90-day testing window.
- Schedule your appointment with Prometric as soon as you are approved to test. Appointments are first come first serve.
- Review the Prometric cancellation/rescheduling policy.



# How to prepare for certification- Step 5



Prepare for exam day

# Candidate Testing Experience

- CBIC partners with Prometric to deliver exams in a secure, proctored environment
- Prometric is a U.S. based company in the test administration industry and provides test development and delivery services

https://www.prometric.com/





# Candidate Testing Experience

- •Candidates can take the exam at a physical testing center or via Prometric's live remote proctoring option, Pro Proctor
- Testing is available 5-7 days a week depending on location







Prometric Testing Centers

- Located worldwide in 160+ countries
- Testing available 5-7 days a week during normal business hours
- Candidates are monitored throughout the exam in a secure environment





Pro Proctor

- Candidates can take the exam at home
- A live, remote proctor locks down the candidate's browser
- 360-degree environment check done of candidate workspace



### Exam day tips:

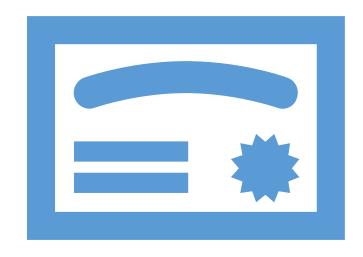
- If you are testing in a physical testing center confirm your appointment date and time and familiarize yourself with the directions to the testing center.
- If you are testing remotely, prepare your workspace and perform the Prometric system check BEFORE your appointment.
- Arrive at least 30 minutes before your testing appointment to ensure you do not miss your appointment.
- Make sure your government-issued identification is valid with your signature and photograph.
- Leave study materials at home. Do not bring these items into the testing center or have them at your workstation during a remote exam.



#### After the exam

- Results are available immediately after submitting the post-examination survey.
- Passing candidates will receive a Pass message. No numerical scaled score is reported to passing candidates.
- Successful candidates should review information on the CBIC website on maintaining certification through continuing education (infection prevention units).
- Unsuccessful candidates will receive a score and performance level description.





#### Maintaining Certification

Understand your options & start early!



#### Recertification Overview



Certification is valid for five years from the year of successful examination.



Recertification takes place every five years



CIC/LTC-CIP recertification can be completed via continuing education/infection prevention units (IPUs) or examination. The a-IPC can be maintained via examination only.



#### APIC Resources

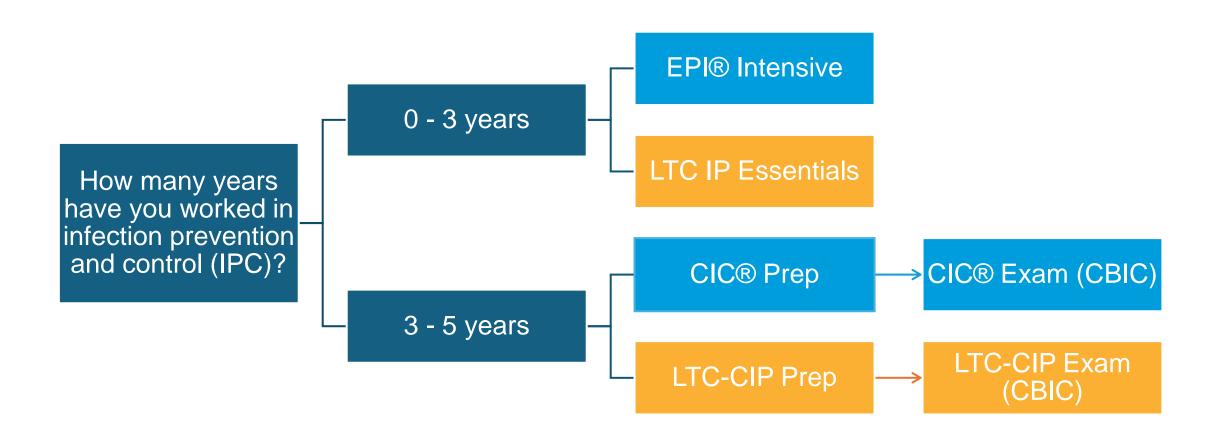




Spreading knowledge. Preventing infection.®



#### **IPC Training Opportunities**



Acute Care
Long-Term Care (LTC)



#### **Foundational IPC Courses**

#### Target Audience: IPs with 0 - 3 Years of Experience

#### **EPI® Intensive**

This course covers essential IPC training and competency-building for healthcare professionals in **acute** care facilities. Participants learn evidence-based best practices to develop an effective IPC program to protect patients, reduce risk, and comply with accrediting and regulatory requirements.

#### LTC IP Essentials

This course provides the foundation required for the role of the infection preventionist (IP) and the practice(s) of being an effective IP in a long-term care setting. Includes creating and managing successful IPC programs and mitigating risks in the facility. Additionally, course covers Centers for Medicare & Medicaid Services (CMS) required topics.

All training courses are available **online**; instructor-led delivered **virtually** (Zoom platform); and **in-person**. For details, contact specialprojects@apic.org.



#### **IPC Certification Prep Courses**

#### **Target Audience: IPs with 3 - 5 Years of Experience**

#### **CIC® Prep**

This CIC review course teaches and reinforces the updated CIC exam syllabus in a flexible format, tailored to current knowledge gaps and learning styles.

#### LTC-CIP Prep

This LTC-CIP review course teaches and reinforces the updated LTC-CIP exam syllabus in a flexible format, tailored to current knowledge gaps and learning styles.

All training courses are available **online**; instructor-led delivered **virtually** (Zoom platform); and **in-person**. For details, contact <a href="mailto:specialprojects@apic.org">specialprojects@apic.org</a>.



Questions?